



EXPLORE THE BEST OF ITALY'S CULTURE, FASHION AND CUISINE

DUBAI • ITALY • 31ST AUGUST – 23RD SEPTEMBER 2026

This is your chance to experience the best of Italy's art, culture, cuisine and adventure, complete with a luxurious stopover in the dazzling city of Dubai. If you love sharing fashion, luxury, fabulous food and great wine with wonderful like-minded women, then this experience is for you!

Experience the full Dream It five-star service, including pre-event catch-ups and planning support, door-to-door transport and unforgettable group memories. Designed exclusively for women, you are guaranteed to make life-long friendships as you soak up and explore the fast-paced food and fashion industry amidst the authentic charm of old-world Italy.



BROUGHT TO YOU BY DREAM IT AMBASSADOR LISA CAMERON AND DREAM IT NZ
▶ WWW.DREAMIT.CO.NZ ▶ NUMBERS STRICTLY LIMITED

For more information email:
Lisa | fatloss@lisacameron.co.nz

LISA CAMERON
FITNESS & FAT LOSS

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FROM LAVISH DUBAI TO OPULENT ITALY

We've created a trip of a lifetime that will fill your cup to overflow with amazing experiences, authentic off-the-tourist-track adventures and seamless support and planning so you can focus on enjoying every moment.

We've sourced the very best guides, with incredible local knowledge to take you on awe-inspiring paths less travelled as we uncover the hidden gems of Italy. We'll be eating our way around a country renowned for its spectacular produce and local cuisine, packed full of incredible flavours, on a journey of limoncello and wine tasting, history and architecture, opulence and luxury! We will be exploring ancient sites, hiking through small seaside villages and shopping at the best establishments Europe has to offer. You will experience true Italian life as you embrace the country and experience the colour, the culture and the couture that is Italy.

Included in this amazing adventure is a stopover in Dubai, renowned for its ultra-modern architecture, exceptional food, both luxury and souk (street market) shopping and lively nightlife. Live it up and enjoy the luxuries this lavish city has to offer for two memorable nights!



Overview

We have carefully crafted the perfect itinerary to ensure your hearts, minds and photo albums will be overflowing with once-in-a-lifetime memories, as we share the best Italy has to offer.

Not only will we take care of all the planning, but we've also allowed time throughout the trip for you to explore these incredible cities at your own pace. With our specialised local knowledge, we're taking you to amazing experiences that most visitors never get to see... think small local operators, private tours, exclusive opportunities and boutique hotel stays. This really is a journey like no other!

Highlights

- A 23-day journey around Italy with a stopover in Dubai
- Private cocktail party in the sand dunes of the Dubai Desert
- Experienced and local travel guides
- Beautiful accommodation in authentic, smaller boutique hotels
- Long table lunch and two night's accommodation in a luxury villa in Tuscany
- Explore Cinque Terre villages
- Visiting Florence's famous Musee Salvatore Fashion Shoe Museum
- A visit to Caffè Florian in Venice, the oldest café in Italy and possibly in the world
- Gondola ride and street food tour in Venice
- Colosseum by Night Tour in Rome
- Full-day tour of San Gimignano, Siena, Monteriggioni and Chianti with lunch & wine tasting plus a guided Cathedral visit
- 2-hour food tour experience in Bologna
- Design and create your own sandals in Capri, crafted from Swarovski Crystals



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DAY 1 – MONDAY 31ST AUGUST

Fun in Transit

We start our trip with a group check-in at Auckland International Airport for your evening flight to Dubai, enjoying some pre flight bubbles and canapes in the Strata lounge - exciting times!

DAY 2 – TUESDAY 1ST SEPTEMBER

Dubai Orientation

Welcome to Dubai! We will be met on arrival at the airport by a local guide, who will take us to our four-star hotel accommodation. The fun starts as soon as we drop off our luggage and will board a luxury yacht to enjoy breakfast with a view! We will pass by Bluewaters, Atlantis & Palm Jumeirah and sail up close to these man-made islands.

After this two-hour cruise, we will be taken to the Miracle Gardens to enjoy the breathtaking landscapes and visuals. We will then be taken back to our hotel, where you can either rest or visit the Dubai Mall, the Burj Khalifa or the Museum of the Future. This evening, we will enjoy a lavish evening at one of the celebrity restaurants in Dubai.

DAY 3 – WEDNESDAY 2ND SEPTEMBER

Luxury and Cocktails

Today will be our last day in Dubai so let's make the most of it! Enjoy a morning on a Dubai Orientation Tour to learn more about the most populous city in the United Arab Emirates (UAE). Visit the Gold Souk and Spice Souk (street markets) and take a ride on a traditional Abra boat on Dubai Creek. After the tour, you will be dropped off back at the hotel to rest and get ready for a High Tea at Sahn Eddar restaurant of the extravagant Burj Al Arab with a tour of the hotel. We have something special planned this evening with a private cocktail party in the red sand dunes of the Dubai Desert!



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DAY 4 - THURSDAY 3RD SEPTEMBER

Buongiorno, Italy!

After an early morning check out, we'll transfer together to the airport for our flight to Venice. We arrive in Venice in the early afternoon and will take a water taxi to our hotel in Venice City. You can choose to either walk or take the ferry to Mall T Fondaco dei Tedeschi where we'll enjoy a terrace rooftop viewing of the city. Enjoy some free time to walk around the mall or you could check out the historic Libreria Acqua Alta. In the evening, we'll enjoy a Street Food Tour with a local guide and enjoy views of amazing historical monuments along the way. Spend the rest of your evening exploring the Dorsoduro area at your own pace, checking out the Venice Jazz Club, or enjoying an aperitivo at a trendy rooftop bar.

DAY 5 – FRIDAY 4TH SEPTEMBER

Explore the City of Mirrors

After breakfast at the hotel, we will meet our local guide at St. Marks Square this morning for a half day of sightseeing! Explore St. Mark's Basilica's stunning mosaics, then go deep into the dungeons of the Doge's Palace before enjoying a stunning river view of Venice from a gondola.

After the tour, you could visit the oldest cafe in Italy (and possibly the world!) – Caffè Florian – or you could make a quick stop for lunch at Al Covo. We will then head to the largest park in Venice with amazing art, the Giardini Della Biennale. Here you can explore the medieval ornaments and read up on its dramatic history and watch a pink sunset from the Giardini Pubblici. We will then head back to our hotel and spend the evening at our own leisure.



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DAY 6 – SATURDAY 5TH SEPTEMBER

Colourful Islands

This morning we'll take a private transfer to Murano and Burano Islands. These small islands are well-known for their colourful houses and are easily walkable within a few hours. We'll take a water taxi back to Venice and enjoy some free time in the afternoon to explore Venice as you wish. You could check out the Castello District or the Accademia Galleries, and enjoy a walking tour of the city. Or perhaps you might like to explore the Cannaregio canals, walk the hidden Venice routes, find local treasures and crafts at markets, visit the Rialto Bridge or explore San Polo.

DAY 7 – SUNDAY 6TH SEPTEMBER

Eat Your Way Around Bologna

Today we're saying goodbye to Venice and heading off on an early morning train to Bologna for an action-packed day. After checking into our city-centre hotel, we'll head out to meet our local guide who will take us on a truly authentic experience – eating and drinking our way around Bologna with a Walking Food Tour! The rest of the day and evening is yours to explore as you wish.

DAY 8 – MONDAY 7TH SEPTEMBER

Welcome to Tuscany

Spend the morning walking the historical centre of Bologna with the option of a scavenger hunt to find hidden gems and narrow streets of the city with clues at each attraction to find your next destination.

After lunch, we'll take a half-hour train journey to Florence, our home for the next two nights. We'll explore the incredible history of this beautiful city, with a guided bike tour to visit Florence's famous landmarks, such as the Artisan District, Palazzo Pitti, San Frediano, Ponte Vecchio, the Uffizi Square, Santa Croce, Piazza della Signoria, the Medieval District, the Duomo, and Piazza della Repubblica. Spend the evening at your leisure to explore this fabulous city.

DAY 9 – TUESDAY 8TH SEPTEMBER

Explore Chianti

After a delicious breakfast, we're heading out for a full day of sightseeing, including a tour of San Gimignano, Siena and Monteriggioni. Enjoy a relaxed long lunch and delicious local wine tasting in stunning Chianti, before enjoying a guided tour of the famous Siena Cathedral with its Libreria Piccolomini. Take the evening to relax or explore at your leisure.



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DAY 10 – WEDNESDAY 9TH SEPTEMBER

Luxury Villa in Tuscan Hills

This morning we're visiting the Museo Salvatore Ferragamo, which showcases the innovative shoe designs and techniques of Salvatore Ferragamo and their cultural significance, with a vast collection of over 10,000 shoes, designs, and archives.

Just when you thought it couldn't get any better, we will head into the hills of Tuscany! Today will be a time to relax and enjoy this stunning region and the beautiful surroundings of our luxury villa. We'll end the day with a wonderful shared meal at the villa, surrounded by the beauty of the local vineyards, with stunning views of the Tuscan hills and countryside.

DAY 11 – THURSDAY 10TH SEPTEMBER

Relax in our Tuscan Villa

Today will be a day of leisure in the Tuscan Villa to spend as you would like. You may like to explore the Tuscan countryside on foot, horseback or bike, or even take an Italian cooking class, with all activities provided by the villa.

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DAY 12 – FRIDAY 11TH SEPTEMBER

Transit to Cinque Terre

After a relaxing breakfast, we farewell our Tuscan Villa and make our way to Cinque Terre. On the way, there is the option to have a short visit to Pisa and enjoy the various landmarks in this small town, such as the Cathedral and the Baptistery, and a guided tour of the world-famous Leaning Tower of Pisa.

DAY 13 – SATURDAY 12TH SEPTEMBER

Hike Coastal Towns

Today, we wake up in the colourful town of Monterosso. We're setting off early to hike along the coast through all five Cinque Terre towns – Riomaggiore, Manarola, Corniglia, Vernazza and Monterosso. We've allowed plenty of time to sample the delicious local cuisine along the way and visit many different attractions as you explore each town at your own pace. You can then choose to hike back along the same trail or take the train back to the hotel.

DAY 14 – SUNDAY 13TH SEPTEMBER

Explore and Unwind

Today will be yours to explore Cinque Terre as you wish. There are many wonderful options including a boat excursion to Levanto on a sunset cruise, or you could even spend a night in Saturnia, home of silky blue hot springs heated by a nearby volcano – one of Tuscany's best kept secret spots.

DAY 15 – MONDAY 14TH SEPTEMBER

Transit to Sorrento

Today is a day in transit, as we say goodbye to Cinque Terre and make our way to the beautiful Sorrento by train – the perfect day to catch up on news back home, read a book or sort through all your amazing photos! When we arrive, we will check into our hotel and you're free to enjoy your evening at your leisure.



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DAY 16 – TUESDAY 15TH SEPTEMBER

UNESCO Heritage Site Visit

This morning, we're visiting the UNESCO heritage site, Pompeii, where you will enjoy a guided tour of the excavated ruins of an ancient city buried by volcanic ash. After lunch, we'll change into our walking gear and prepare for our hike down the Path of the Gods. After travelling together by bus to Bomerano, we'll hike the path unguided to Positano, where you can walk through this seaside paradise and watch the sunset while enjoying dinner.

DAY 17 – WEDNESDAY 16TH SEPTEMBER

Capri Fun

Get ready for a fun ferry ride and a full day of adventure on the island of Capri! This captivating island will leave you spellbound as you explore the coast's many grottos and Roman ruins. This is also your opportunity to visit one of the many local stores to have your own sandals handmade with Swarovski crystals.

DAY 18 – THURSDAY 17TH SEPTEMBER

When in Rome

Today you'll have the morning to complete any last-minute sightseeing in Sorrento before boarding the train to Rome. Spend a relaxing afternoon checking into your Roman hotel and prepare for our unforgettable two-hour Night Tour of the Colosseum including special areas usually closed to the public.

DAY 19 – FRIDAY 18TH SEPTEMBER

Uncover Rich History

Today is your day to explore Rome as you wish. There are so many options and we'll help you plan the perfect day, just for you! Walk along the Appian Way – one of the oldest Roman roads and a great place to escape the crowds – or perhaps visit the catacombs of San Callisto and the Tomb of Cecelia Metella. There is so much history and so many stories to be uncovered!



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DAY 20 – SATURDAY 19TH SEPTEMBER

All Roads Lead to Rome

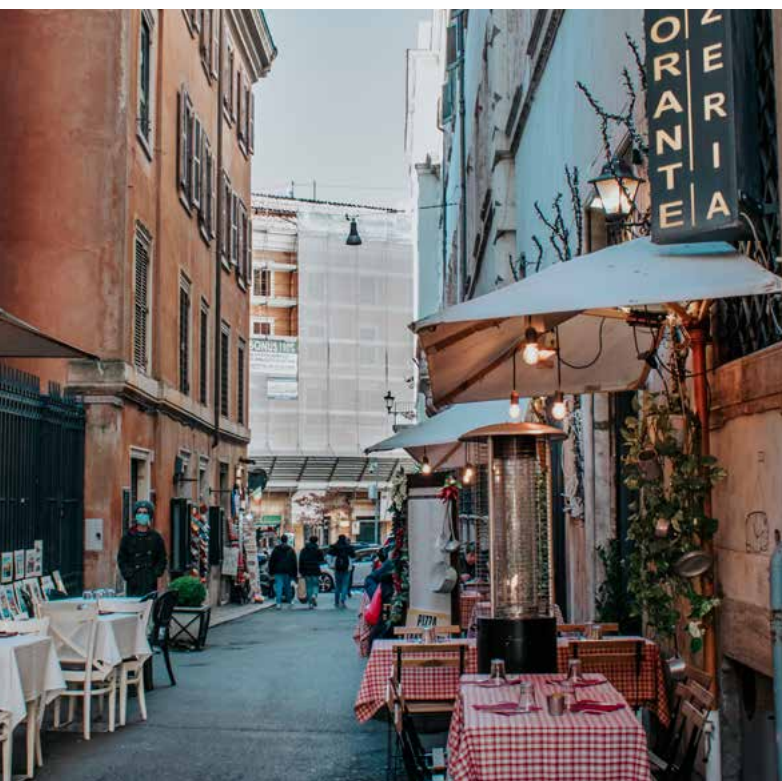
This morning we have organised a unique tour of St. Peter's Basilica, with the option of a dome climb and a visit to the papal crypts. The afternoon is yours for your leisure. You could shop for some gifts to take home (or your new wardrobe!), visit incredible historic sites such as Via Del Corso or Via del Governo Vecchio, or jump on board a local food tour and enjoying the amazing flavours of Italy.

DAY 21 – SUNDAY 20TH SEPTEMBER

Return Journey Home

Today is the last day of our Italian adventure before beginning our journey home. You will have time today to explore more of the city of Rome before heading to the airport for our evening flight.

We will arrive at Auckland Airport (via Dubai) around 10am on Monday 23rd September – time to return to our families but not before making plans to see our newfound Dream It friends again soon!



Meet your host



LISA CAMERON

Lisa is so excited to be joining us on this adventure as Italy holds a very special place in her heart. She has been actively and passionately involved in the fitness and nutrition industry for over 30 years and runs a home-based Nutrition Clinic specialising in Fat Loss in Acacia Bay, Taupo. She is also a passionate Hiking Guide for a local Taupo Tourism Agency.

Lisa first travelled to Italy as a 23-year-old on a whirlwind trip and was struck by its vitality, history and gregarious people. Returning for her 25th wedding anniversary with her husband, she made an effort to learn the language and drove from Milan to the Amalfi Coast, visiting small villages, local markets and out-of-the-way places.

With Lisa's incredible local knowledge, she has ensured every stage of the itinerary has been meticulously planned to ensure every little thing is taken care of. She's looking forward to experiencing authentic Italian life and food with like-minded women and can't wait to make memories of a lifetime!

Trip costs

TOTAL PACKAGE COST

Share twin: NZD \$19,795

Inclusions: All accommodation throughout, return flight to Auckland, all transfers (including trains and buses as specified in the itinerary), full hosting throughout, organised tours as specified in the itinerary and strata lounge entry at Auckland airport pre-flight. Breakfast is included every day as well as a small number of lunches, dinners and wine tasting.

Exclusions: Personal travel insurance, meals in transit, personal snack, beverages and most lunches and dinners (this is to allow you the freedom to enjoy Italian cuisine how you want to!) Additional personal support can be provided upon request.

PAYMENT DATES

In order to meet the necessary arrangements and preparations with our travel partners and agents we request the following payment schedule:

Deposit Payment	NZD\$500	Upon registration. First in first served basis to secure a spot.
Progress Payment	NZD\$3,795	Friday 22nd August 2025
Progress Payment	NZD\$5,500	Friday 24th November 2025
Balance Payment	NZD\$10,000	Friday 20th May 2026

BANK ACCOUNT DETAILS

Bank Account details for payment are as follows:

DREAM IT NZ 02-0492-0136659-00

Invoices will be sent via email to you.

REQUIRED NEXT STEPS

Upon receipt of your deposit payment we require the following to confirm your booking:

- Scanned copy of the completed Dream It Client form. This will be emailed to you.
- Scanned copy of your passport. Please ensure that your passport is valid for at least 6 months from the start of our trip
- Scanned copy of your Travel Insurance cover.

TERMS AND CONDITIONS

This package is based on the following terms and conditions.

1. Group departure, based on reaching the minimum number of 10 participants being reached. Maximum group size of 12.
2. Inclusions as specified.
3. The deposit payment of \$500 is non-refundable and payable at the time of booking. A payment plan is specified pre-departure.
4. All prices are subject to change until paid in full and prices are all subject to availability. Prices are for cash or bank transfer, there will be a 2.5% surcharge for Visa/Mastercard and a 3.5% surcharge for Amex/Diners. Your name on your electronic ticket must be exactly the same as on your passport and you must have at least 6 months validity on your passport upon your return to New Zealand. All prices are subject to currency fluctuation
5. Prices quoted are for Economy return airfare and twin share accommodation. Single supplement and flight upgrades are available on request
6. Itinerary subject to change.

NO REGRETS

For Dream It to succeed, so must you! Our ultimate goal is to get you through your epic Dream It adventure in the best possible way – with no regrets. At Dream It, our No Regrets policy is all about ensuring you get the most out of your adventure by being well-prepared, well-trained and well-informed.

We are preparing a pre-departure event for our Dream It family so we all get a chance to meet one another before we leave. We will also set up a closed Facebook group specific to this trip for our clients to provide regular travel updates and information plus advice and guidance leading into our epic trip.

Key contacts

Lisa Cameron

Mobile: 027 285 6593 | Email: cameroon@xtra.co.nz

Karen Kidd

Flight Guru | Mobile: 0275 505 383 | Email: karenkidd@ymaf.co.nz

